

CERTIFICATE OF PARTICIPATION

This is to certify that

Ryan Mulholland

Has successfully participated & completed the
13km Shift Wellness - Summer Trail Run
held at Walter Sisulu Garden.

TIME 01:54:03

PACE 08:45/km
OVERALL 75 of 108

GENDER 52 of 69
40 - 49 26 of 30

27 January 2019, Sun

Date



BoutTime

Signature

